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Due date:
Fall - July 15th; Spring - January 1st

STUDENT HEALTH AND COUNSELING
HEALTH FORM

Queen Anne Building
300 Washington Avenue
Chestertown, MD 21620

Phone 410-778-7261 Fax 410-810-7101
health_services@washcoll.edu

Please complete this form and return it to the Health Service. This form must be completed and the immunization requirements met before you will be allowed to attend classes. All information contained in this form will be held in confidence and will not be released to anyone on or off campus without your knowledge and consent.

Student's Last Name First Middle Preferred Name
Date of Birth Sex assigned at birth Current gender identity: M/F/T Other
Race Student's Cell # Preferred Pronoun

PERSON TO BE NOTIFIED IN CASE OF EMERGENCY:

Parent/Guardian 1 Parent/Guardian 2
Home Address Home Address
Place of employment Place of employment
Work # Work #
Home # Cell # Home # Cell #

Consent for Treatment/Hospital Release Permission to email

The undersigned herewith:

- A. Grants permission to Washington College Health, Counseling, and Sports Medicine Services to provide medical care including administration of treatments and medications as necessary. This includes emergency room visits, lab work, x-rays, etc., which may need to be done at local facilities including University of Maryland Shore Regional Health facilities, local imaging and lab locations.
B. Authorizes the Student Health Services, Disabilities Services and/or Sports Medicine Services to exchange and release information to each other that may impact on my athletic participation. Understands that this information includes but is not limited to this pre-season questionnaire/screening and Washington College Health Services health evaluation, immunization record, consent for treatment and questionnaire.
C. Understands that I must refrain from athletics participation while ill or injured, whether receiving medical treatment or not, and during medical treatment until discharged from treatment or given permission by the College Nurse Practitioner or College Physician to restart participation while continuing treatment.
E. Acknowledge that the Washington College Health Service acts as your primary health care provider while you are attending Washington College as a student. Authorize the Washington College Health Service and University of Maryland Shore Regional Health Centers to exchange and release to each other medical and insurance information about you for treatment and to ensure follow-up care and grants permission for Health services to email appointment reminders via unencrypted messages. This form will remain valid until you graduate from Washington college or cease to be enrolled at the college, whichever is earlier.
F. Certifies that the answers to the questions on this Health Record are correct and true.

*Parent/Guardian must co-sign if student is under age 18.

Student Signature

Date

Parent/Guardian Co Sign Signature if student is a minor

Date

****FOR LICENSED HEALTHCARE PROVIDER TO COMPLETE****

TO THE EXAMINING HEALTH CARE PROVIDER: Please review the student’s history and complete this report. Please comment on all positive answers. *This student has been accepted.* The information supplied *will not* affect his/her status. It will be used as a background for providing continued physical and mental health care on campus. **Physical Exam must be done within 6 months prior to arriving on campus.**

Name _____ Date of Birth _____ Current Gender Identity _____

Height _____ Weight _____ Blood Pressure _____ Pulse _____

Allergies _____

Current medications _____

Visual Acuity: Recommended		
<input type="checkbox"/> With	<input type="checkbox"/> Without Correction	
<input type="checkbox"/> Glasses	<input type="checkbox"/> Contact Lenses	
Right 20/	Left 20/	Both 20/

Clinical Evaluation	Normal	Record Abnormal Findings
Appearance (Report Marfan Stigmata)		
Skin		
Head, ears, Eyes, Nose, Hearing		
Mouth, Teeth and Gums		
Neck and Thyroid		
Lungs/Chest		
Breasts		
Heart (supine and standing)		
Abdomen		
Genitalia		
Back/Spine		
Extremities/Musculoskeletal		
Neurologic		
Emotional/Psychological		

I have reviewed the medical history, immunizations, conducted the TB screen and examined this student. The information on this form is accurate, full and complete to the best of my knowledge. Sign _____ Date _____

Print Provider’s Name _____ Phone _____ Fax _____

Office Address _____

TUBERCULOSIS SCREENING AND IMMUNIZATION INFORMATION

Name _____		
Last _____	First _____	MI _____
Date of Birth _____		
month/day/year	social security # _____	Phone _____

Part II To be completed and signed by a Health Care Provider (Include month, day, year and translate all lab work and results in English)

IMMUNIZATION REQUIRED FOR ALL STUDENTS

A. for international students only

1. BCG vaccine received? no ___ yes ___ date given ___/___/___

B. TETANUS-DIPHTHERIA

1. Completed primary series of tetanus-diphtheria immunizations ___/___/___

2. Received tetanus-diphtheria booster **within the last 10 years** ___/___/___

or Tdap booster (recommended for ages 11-64 unless contraindicated) ___/___/___

C. M.M.R. (Measles, Mumps, Rubella)

1. Dose 1 - Immunized at 12 months or before 5 years ___/___/___

2. Dose 2 - Immunized at 4 years or later (at least 28 days after first dose) ___/___/___

D. POLIO please circle vaccine type: Oral Inactivated

1. Completed primary series of polio immunizations ___/___/___ Last booster ___/___/___

E. HEPATITIS B

1. Dose #1 ___/___/___ Dose #2 ___/___/___ Dose #3 ___/___/___

OR Surface antibody ___/___/___ Result: Reactive ___ Non-reactive ___

F. MENINGITIS VACCINE (Required by Maryland law for college students)

1. Name of vaccine: _____ Date ___/___/___

2. Booster required if original dose given before 16 Date ___/___/___

G. VARICELLA (Chicken Pox)

Disease? Yes ___ Date: ___/___/___ if date unknown provide titer results and

Reactive (date): ___/___/___ NonReactive (date): ___/___/___

Vaccine: Dose #1 ___/___/___ Dose #2 ___/___/___

RECOMMENDED

H. HEPATITIS A

1. Immunization (Hepatitis A) Dose #1 ___/___/___ Dose #2 ___/___/___

2. Immunization (Combined Hepatitis A and B)

Dose #1 ___/___/___ Dose #2 ___/___/___ Dose #3 ___/___/___

I. HUMAN PAPILLOMAVIRUS VACCINE (HPV4)

Name of vaccine: _____

Dose #1 ___/___/___ Dose #2 ___/___/___ Dose #3 ___/___/___

J. MENINGITIS B VACCINE

Name of vaccine: _____

Dose #1 ___/___/___ Dose #2 ___/___/___ Dose #3 ___/___/___

Health Care Provider _____ Signature _____ Date _____

Address _____
Phone _____

Name _____ Date _____

PAST HISTORY SECTION TO BE COMPLETED BY STUDENT/GUARDIAN: Please indicate problems you have now or may have had in the past. Please comment about any positive answers on a separate sheet of paper. **This information is used solely as an aid to provide necessary health care while you are a student. It is considered confidential information and can not be released to anyone without your permission.**

- Abdominal pain/Food intolerance yes no
- AIDS, ARC, or positive HIV yes no
- Alcohol Problem yes no
- Allergies (seasonal) yes no
- Anemia/Easy Bruising or Bleeding yes no
- Anorexia yes no
- Anxiety (frequent)/Nervousness yes no
- Asthma/Wheezing yes no
- Back Problems yes no
- Bee Sting Reaction, Epi pen yes no
- Bladder Infection (Cystitis) yes no
- Bleeding Trait (Sickle Cell) yes no
- Bronchitis yes no
- Cancer (location _____) yes no
- Chicken Pox yes no
- Contacts/Glasses/Visual Problems yes no
- Dental Problems yes no
- Depression yes no
- Diabetes yes no
- Dizziness/Vertigo yes no
- Drug dependency yes no
- Dyslexia yes no
- Ear Problems yes no
- Eating Disorder yes no
- Eczema yes no
- Emotional or mental health issues yes no
- Epilepsy yes no
- Eye Problems yes no
- Fainting/Dizziness yes no
- Fibrocystic Breast Disease yes no
- Gall Bladder Disease yes no
- Heat Stroke or Exhaustion yes no
- Headaches (frequent) yes no
- Stress / Migraine yes no
- Hearing Loss yes no
- Heart Problems:
 - Palpitations yes no
 - Rheumatic Heart yes no
 - Heart Murmur yes no
 - Chest pain with exercise yes no
- (if any of above heart issues, must attach cardiologist report)**
- Hepatitis yes no
- Hernia yes no
- High Blood Pressure yes no
- Hypoglycemia yes no
- Irritable Bowel Disorder yes no
- Kidney problems yes no
- Lyme Disease yes no
- Marfan Syndrome yes no
- Menstrual problems yes no
- Mononucleosis – (give date _____) yes no
- Nosebleeds yes no
- Obesity (>20 lbs. overweight) yes no
- Organ (loss of paired organ) yes no
- Ovarian cyst yes no
- Peptic Ulcer (gastric or duodenal) yes no
- Phlebitis yes no
- Pinched Nerve yes no
- Pneumonia yes no
- Rheumatic Fever yes no
- Rheumatoid Arthritis yes no

- Seizures or Convulsions yes no
- Last seizure and type _____
- Sinus Problems yes no
- Sickle Cell trait or disease yes no
- Stomach Problems yes no
- Suicide Attempt yes no
- Date: _____
- Thyroid Problem yes no
- Do you smoke? yes no
- How long have you smoked? _____
- How often _____
- Do you use smokeless tobacco? yes no
- How long? _____
- Do you drink alcohol? yes no
- Approximate number of drinks per occasion: _____
- Number of drinking occasions per week: _____
- Drug use (past or present) yes no
- Drug of choice: _____
- Please list hospitalizations or surgeries and date _____

Other problems not listed: _____

- Have you ever had: any broken bones? yes no
- specify: _____
- Dislocations? yes no
- specify: _____
- Pain or swelling of muscle or joint? yes no
- Injury to tendons, ligaments or cartilage yes no
- AC separation or shoulder injury yes no
- Blow to the head that knocked you out? yes no
- Concussion? _____ How many? _____
- Injury to the neck or back? yes no
- Spinal Fusion? yes no

***If you require any kind of special accommodations please contact this office asap and contact the Office of Disabilities Services to register for accommodations.**

Family History:

- Have any of your relatives had:
 - Cancer yes no
 - Diabetes yes no
 - Epilepsy yes no
 - Have Sickle Cell Trait yes no
 - Heart Disease yes no
 - High Blood Pressure yes no
 - Kidney Disease yes no
 - Tuberculosis yes no

	Age	State of health	Occupation	Age at Death	Cause of Death
Father					
Mother					
Brothers					
Sisters					