

Design Your Life

6 weeks, September 1- October 9, 2020, meeting times TBD

Cost: \$300/ 20% discount for 5 or more modules of any length/ \$100 for Class of 2020

Lead Instructors: Andrew Brereton, PhD; Nanette Cooley, Exec. Director, Center for Career Development

What do you want from life? How do you want to live? What do you need to live the kind of life that you choose? This course explores the big questions about who you are, what you want, and how to effectively pursue your goals. We'll work on skills that will be useful in your professional development, but we'll also consider deep questions of meaning and value that will help you to make sense of the important, but often ambiguous, choices that life presents.

Career LYFT (Launch Your Future Today)

6 weeks, October 12-November 20, 2020, One meeting Nov. 19 7:00 pm

Cost: \$300 (20% discount for 5 or more modules of any length; \$100 for Class of 2020)

Lead Instructors: Georgina Bliss, Career Coach; Lisa Moody, Assoc. Director, Center for Career Development

The 6-week LYFT (Launch Your Future Today) module will introduce you to career strategies and management tools that support life-long professional success. You will define personal objectives and identify opportunities aligning with strengths, values, interests and goals. By the end of the module, you will complete important career documents and elements (resume, cover letter, LinkedIn profile for example), learn to work in a peer to peer construct, understand basic components of job searching and be able to implement effective strategies for personal branding, networking, and interviewing. The course concludes with a group inquiry project focused on a career-related text of their choice and a virtual slide presentation.

LinkedIn Audit

Schedule: **Beginning July 20, 2020, meetings are TBD on an individual basis**

Cost: \$100/ discounted to \$50 for Class of 2020

Lead instructor: Georgina Bliss, Career Coach

Washington College is pleased to offer its Community/Alumni the opportunity to have a professional LinkedIn Audit and access to a *LinkedIn User Guide eBook*. The audit and eBook will provide a comprehensive overview of this powerful career management tool and how to best

manage your personal profile. Through the audit module, you will be given the opportunity to meet one-on-one with a career professional who will audit your profile, provide suggestions for improvement, tips to make your profile stronger and how to maximize the tool's use to meet your personal and professional goals. What you receive: 2,1:1 meeting (1 - 45-minute and 1 - 15-minute follow-up), a detailed plan and checklist, and eBook.